

PURPOSE AND LIFE CLUB · PARENT BROCHURE

PLC Kids

Know who you are.

A free, six-month Christian formation journey for young people ages 9 to 17. Twelve live online sessions. Twelve themes. One question at the centre: who am I, and why am I here?

9–17

Ages

12

Live sessions

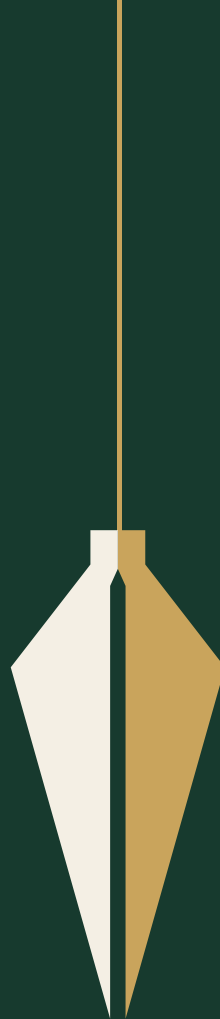
Free

No fee

Online

Zoom, from home

Inaugural cohort: November 2026 to April 2027. Enrolment closes 24 October 2026.



Formed true, from the inside out.

PLC Kids is a Christian formation programme, not a church or a Sunday school, and it does not replace your family's church. We teach from Scripture, so that young people do not only know biblical truth: they understand it, own it, and live it.

Families from different church backgrounds are welcome. Facilitation is age-sensitive, so each theme is explored in a way that fits the young person in front of us.

THE TWELVE THEMES

01 Who Am I?

Understanding identity and learning to see yourself through the truth of God's Word.

02 God Loves Me Unconditionally

Exploring God's love and what it means to live from a secure foundation of being loved by Him.

03 Building Confidence God's Way

Developing healthy confidence without making comparison, approval, or popularity the foundation of identity.

04 Discovering My Purpose

Beginning to understand purpose and why every life matters.

05 Understanding My Gifts & Talents

Recognising strengths, interests, abilities, and opportunities to contribute.

06 Friendship and Peer Pressure

Learning how relationships influence choices and how to make wise decisions without losing yourself.

07 Respecting My Body

Developing a healthy understanding of dignity, responsibility, self-respect, and stewardship.

08 Healthy Relationships & Boundaries

Understanding healthy relationships, personal boundaries, respect, and wise interaction with others.

09 Integrity: Doing What's Right

Learning to make right choices even when nobody is watching.

10 Leadership and Service

Understanding leadership as responsible influence and learning that leadership begins with service.

11 Handling Failure and Disappointment

Learning how to respond to mistakes, setbacks, disappointment, and difficult experiences without allowing them to define identity.

12 Becoming a Positive Influence

Understanding how everyday choices, character, relationships, and actions can influence others.

CALENDAR

Dates and times

Sessions run on Saturdays. Times are shown in UK time; the website converts them to your time zone. UK clocks change on 25 October 2026 and 28 March 2027.

Sat 7 Nov	6:00 PM UK
Sat 28 Nov	6:00 PM UK
Sat 5 Dec	6:00 PM UK
Sat 26 Dec	6:00 PM UK
Sat 2 Jan	6:00 PM UK
Sat 30 Jan	6:00 PM UK
Sat 6 Feb	6:00 PM UK
Sat 27 Feb	6:00 PM UK
Sat 6 Mar	6:00 PM UK
Sat 27 Mar	6:00 PM UK
Sat 3 Apr	6:00 PM UK
Sat 24 Apr	6:00 PM UK

WHAT WE ASK OF FAMILIES

Commitment

- ◆ Enrol only if you can commit to attending sessions.
- ◆ Join the parent onboarding: **Saturday 31 October, 6:00 PM UK time.**
- ◆ Stay connected through the Parents Community.
- ◆ Stay present and supportive at home: parents are partners in formation.

SAFEGUARDING

Registration is completed by a parent or guardian. Communication runs through programme channels. Facilitators avoid private one-to-one contact with minors outside approved processes. Sessions may be recorded so participants can watch replays; other photo or video use needs your separate, optional consent. Concerns: info@purposeandlifeclub.org.

Questions parents ask

Is it really free?

Yes. There is no fee to take part in these sessions. If fee-based academies or programmes are introduced later, they will be announced separately.

Who can enrol?

Young people who are 9 to 17 on the first session date, Saturday 7 November 2026.

When does enrolment close?

Enrolment for this inaugural cohort closes on Saturday 24 October 2026.

I have more than one child. What should I do?

Please complete a separate registration form for each child, so that every participant has a complete and accurate record.

What platform do you use, and what do we need?

Sessions run on Zoom or Google Meet; the final link and platform will be shared with parents before the first session. You will need a stable internet connection and a device with a camera and microphone.

Does a parent need to be present?

Sessions are designed for young people to take part with appropriate parent or guardian support.

What is the Parents Community?

A WhatsApp community for parents and guardians only. It is where we share onboarding information, session dates, reminders, announcements, and resources.

How will I know what my child is learning?

Through parent updates that explain what participants are exploring and which conversations you can continue at home.

How do you keep young people safe online?

Every participant is registered and consented by a parent or guardian, communication goes through parents, and there is no unnecessary private one-to-one contact between facilitators and young people. Read our Child Safeguarding page.

Will my child be recorded or photographed?

Sessions may be recorded so that participants can watch replays. Any use of photographs, video, or recordings beyond that happens only with your consent, which is a separate, optional question on the registration form. Declining it does not affect participation.

Who sees my information?

Only the people who need it to run the programme. See our Privacy Notice.

Enrol at purposeandlifeclub.org/plc-kids

After 24 October 2026 you can join the waitlist for the next cohort. Questions? info@purposeandlifeclub.org · debbie@purposeandlifeclub.org · teni@purposeandlifeclub.org